

NAKSHATRA AND VASTU REMEDIES FOR MOON

BY RENU SHARMA & VISHAL

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ABOUT THE BOOK

Nakshatra & Vastu Remedies for Moon is a one-stop unique book to bring Astrology and Vastu (including Decluttering) driven solutions to everyone in layman terms. The writers have practised and applied these solutions in the last 29 years and have made a lasting impact on people's life. This book presents solutions for all 3 nakshatras in a very structured way. Starting from their basic significations, characteristics, and symbols to eight different ways of performing a remedy for Moon. These are what mantras' to recite or chant, what pooja or prayers to be performed, what and how to donate, which plants to keep or plant, what gemstone or a rudraksha to wear, what yoga to be performed and what precautions are needed for the placement of Moon in 12 houses. Besides this, for three nakshatras of Moon, five different ways of performing a remedy are described in a structured way.

Vastu Shastra driven solutions for Moon and its zone of NorthWest is described with its attributes, precautions, preferences, yantras and remedies are described methodically.

Writers have tried to create a one-stop book for all solutions related to Moon. For the first-time Astrology, Vastu and Decluttering solutions are combined to give several ways of performing remedial solution for Moon.

Writers firmly believe that these suggested solutions described in the book will make a lasting difference in your and your loved one's life.

ABOUT THE AUTHOR

Smt Renu Sharma comes from a family of traditional astrologers and practitioner of Ayurveda and herbal medicines. She has been practising Vastu shastra and astrology for the last 29 years. She has finally decided to share her learnings and experience gathered by serving people and making a difference in their life.

Mr Vishal has learned astrology and Vastu shastra from her mother and co-author of this book Smt Renu Sharma. He holds a BE in Mechanical Engineering, M.Tech in IT and MBA (Melbourne University). He is currently active in helping and assisting people to make a difference in their life by applying this divine science of Astrology, Vastu Shastra and Feng Shui.

REMEDIES

BACKGROUND

Remedies or remedial measures for planets, constellations (nakshatra) and Vastu dosha are popular in Astrology. Their prime purpose is to address suffering or ill effects of planets, constellations or Vastu dosha. Having said that some astrologers or consultants do suggest remedies for enhancing their good influences on us. My personal opinion is to perform remedies only for addressing ill effects only.

Why we suffer or need remedies

This can be understood by an inherent concept in Sanatana Dharma (popularly known as Hinduism) where reincarnation (cycle of rebirths) is believed, a process which affects every living entity on earth.

Every birth incorporates well, bad and neutral (no adverse or good effect, like progress in spirituality) karma. Suffering or happiness in the present life is driven by good and bad karma in past and present birth deeds. Remember 5th House (past life deeds) and 9th (future birth) in our birth chart or horoscope signify and give good indicators. Sometimes we do so many bad karmas in one life only that the cycle of rebirth continues until many births to suffer from past deeds and present life's deeds as well. It is the same for good karma. This continues until it balances out and that day means no more rebirth on earth.

Now, most people do say if we have to suffer from these past and present deeds anyway then what is the point of doing these remedial measures. Here, Astrology comes into the scope and provides some insight.

Astrology, a divine and well advanced (beyond humans' grasp) science is leveraged to understand what is coming ahead of us, like an event. This does not mean that we can overcome or bypass that event (good or bad). What we are shown or guided by astrology is, that please be mindful of these events and take some steps to mitigate or do some remedial measures to address its severity.

This means remedial measures are prescribed to reduce the severity of an event

or happening only, that does not mean we can overcome an event. Example if someone's birth chart signifies an accident, which could break his or her leg, then by performing remedial measures, we can only reduce the severity of that accident (event), resulting in only a few stitches or minor scratches but cannot mitigate an accident or an event cannot be stopped or bypassed. Therefore, remedial measures are performed to get some relief from these adverse or life-changing events.

How does it work?

The popular belief is that these measures work because by performing these, we are influencing the basic nature of a planet or a constellation and hence we can overcome an adverse event. As described above, it is not true, in fact, planets never change their inherent behaviour, they behave the same for everyone, good or bad. So, then the question arises how it works.

Well, this can be understood by the following:

Our birth chart (*horoscope, at least theoretically*) is created by the positioning of each planet in our solar system on the day of birth. This reflects our past, present and future. On this day (*theoretically*) it was finalised that we have an outstanding balance of deeds from the past life (in 5th house) and in the present life, we will repay for our past and will do deeds to decide the future (9th house) as well. Therefore, it was finalised on the day of birth that every individual will have a different life or journey towards his or her destiny.

By performing these remedial measures, we are trying to address the imbalance of bad deeds from past and present life.

When a day for an event comes in natives life, on that day respective planet for that event like Saturn will check our deeds balance. At the time if we have accumulated fewer bad deeds then a less severe event if more than the more severe event will take place. Since we are not in a position to find what we did in a past life, it's hard to balance out those effects in the present life. Hence any measure we do in the present life will never compensate for our outstanding balance from the past. Therefore, we will never bypass or stop an event by performing remedies.

This is a very simplistic view of things in my opinion. I am sure there are other viewpoints, which could explain this aspect. I do not have any insights into those, but I do respect them.

TYPE OF REMEDIES

Let me point out that Sage Parashara has not prescribed remedies as such; he has only referred to the recitation of mantra or stotra and donation or charity. Hence, I am not recommending any specific remedy. I am highlighting these various measures in practice, which are being prescribed.

Classify

Remedies or remedial measures can be classified by applying the following lenses to identify which one to perform, how, when and which direction. These lenses are the following:

Element: What type of activity to perform

Direction: represented by each zodiac or sign

When (hora) and what day of the week is represented by each planet and constellation lord

Caste: what each planet signifies which activity they represent

Moola (root, plants or herbs), Jeeva (Animals), Dhatu (Metal or mineral)

Ayurvedic Nature: Airy (Vata), Pitta (Fiery), Kapha (Watery)

More lenses signifying characteristics, nature and representation of each planet can be applied to fine-tune these remedial measures.

Element Based Classification

- Fire or Agni: If a remedial planet is of Agni Tatva (fiery element) or in Agni Rasi (fiery Zodiac), then remedies should be based on homa (yajna), praying Agni Deva, lighting a lamp or incense stick or dhoop before starting any remedy
- Air or Vayu: If a remedial planet is of Vayu Tatva (Air element) or in Vayu Rasi (Airy Zodiac), then remedies should be based on reciting or chanting Stotra or doing yoga and taking blessings of Vayu Deva before starting any remedy
- Earth or Prithvi: If a remedial planet is of Prithvi Tatva (Earth element) or in Prithvi Rasi (Earth Zodiac), then remedies should be based on feeding to living beings like humans, animals or birds, walking barefoot or wearing an element or threads and taking blessings Prithvi Deva before starting any remedy

- Water or Jal: If a remedial planet is of Jal Tatva (Water element) or in Jal Rasi (Watery Zodiac), then remedies should be based on donating by immersing items in the stream of flowing water (clean) and taking blessings of Jal Deva before starting any remedy

Direction Based Classification

- Aries: East
- Taurus: South
- Gemini: West
- Cancer: North
- Leo: East
- Virgo: South
- Libra: West
- Scorpio: North
- Sagittarius: East
- Capricorn: South
- Aquarius: West
- Pisces: North

If a planet whose remedy is prescribed is placed in Pisces, then it must be performed while facing North direction or if a planet placed in Gemini then West direction is to be used.

Time (Hora) And Day

Time to perform a remedy is usually prescribed in the hora of each planet and day represented by that planet. Having said that there are other days and time when these can be performed for the respective planet.

Day

- Sunday: Sun, some time for Rahu
- Monday: Moon
- Tuesday: Mars, Ketu
- Wednesday: Mercury, Rahu
- Thursday: Jupiter
- Friday: Venus and sometimes Saturn to appease via Venus
- Saturday: Saturn, Mars

Hora

1st hour from sunrise is allocated to the respective day and planet represented by that day. Then go back to 3rd day from that day and continue until you reach the 7th day.

So on Sunday 1st hour from sunrise is Sun's Hora., 3rd day backwards is Friday, so next hour Hora is for Venus, next hour Hora will be for Wednesday or Mercury and so on.

Time	Sun	Mon	Tue	Wed	Thu	Fri	Sat
Sunrise to 1 hr (Say 6-7 am)	Sun Hora	Moon Hora	Mar Hora	Merc Hora	Jup Hora	Ven Hora	Sat Hora
7- 8 am	Ven Hora	Sat Hora	Sun Hora	Moon Hora	Mars Hora	Mer Hora	Jup Hora
8-9 am	Merc Hora	Jup Hora	Ven Hora	Sat Hora	Sun Hora	Moon Hora	Mars Hora
9-10 am	Moon Hora	Mars Hora	Merc Hora	Jup Hora	Ven Hora	Sat Hora	Sun Hora
10-11am	Sat Hora	Sun Hora	Moon Hora	Mars Hora	Merc Hora	Jup hora	Ven Hora
11-12pm	Jup Hora	Ven Hora	Sat Hora	Sun Hora	Moon Hora	Mars Hora	Merc Hora
12-1pm	Mars Hora	Merc Hora	Jup Hora	Ven Hora	Sat Hora	Sun Hora	Moon Hora
1-2 pm	Sun Hora	Moon Hora	Mars Hora	Merc Hora	Jup Hora	Ven Hora	Sat Hora
2-3 pm	Ven Hora	Sat Hora	Sun Hora	Moon Hora	Mars Hora	Sun Hora	Jup oHra
3-4 pm	Contd.	Contd.	Contd.	Contd.	Contd.	Contd.	Contd.

Ayurvedic Nature

- Airy (Vata)
 - Qualities: cold, dry, Light, moving, flighty, spiritual, thin
 - Taste: bitter, astringent, pungent or spicy, raw
- Fiery (Pitta)
 - Qualities: hot, oily, light, fiery, vibrant, successful, aggressive
 - Taste: sour, pungent or spicy, salty, fetid, warm
- Watery (Kapha)
 - Qualities: cool, oily, heavy, stable, slow, methodical, greedy

- Taste: sweet, salty, sour, creamy, heavily cooked

DONATION OR CHARITY

Type

The following type of donations are recommended for remedial measure

- Gupt Daan: Anonymous donation
- Vidya Donation: Donation related to education
- Kanya Daan: Donation related to the marriage ceremony of a girl
- Anna Daan: Donation related to grain and food items
 - Anna Daan is usually prescribed as Tula Daan (Donation of items according to your weight) in one go on the day of your Janma Nakshatra
 - Another way to donate is over 12 months.
 - Example if your weight is 60 Kg then donate 5Kg ($60/12\text{months} = 5$ Kg/month) each month
- Other: there are other types of donation which can be leveraged

Note: Donations are prescribed or recommended only for 3rd, 6th, 8th 12th house lord only

STOTRA

Type

There are various types of stotra or mantra from sattvic to Tantrik. I have primarily described sattvic and rajasic mantras here.

- Sattvic: primarily for our spiritual elevation
- Rajasic: for material gains and desires

TYPE OF WEAR

Gemstones

Vedic astrology mentions gemstone but doesn't prescribe any gem as a remedy. Scriptures like Narada Purana prescribes gems as a remedy for planets, where Varahamihira, the great astrologer has highlighted gems and their benefits in

Brihat Samhita but does not prescribe them as remedies in his renowned text of Brihat Jataka

Rudraksha

Rudraksha is a seed used for prayer and japas in Hinduism. The seed is produced by several species of large evergreen broad-leaved tree in the genus *Elaeocarpus*, with *Elaeocarpus ganitrus* being the principal species used in the making of organic jewellery or *mala* (necklace). Since this is an organic material, it is worn in a chord rather than a chain.

Rudraksha has been suggested in various Puranas and has some remedial effect on a native. A proper consultation is required to wear them.

Note: Sankalp and prayer of kuldevi or kuldevta is advised every day and before starting any remedy

ASTRO DECLUTTERING

- Decluttering means removing unnecessary items from an untidy or an overcrowded place.
- Astro Decluttering means removing unnecessary items or tidy a place while keeping each planet significant items in mind while executing this exercise.
- Tidying and Decluttering our home and place where we live and work is vital to ensure we live a happy, successful and prosperous life in harmony. I gather it is easy to then practice it because people have emotional and functional connect with items at home and work. Hence, they keep them for a longer duration, thinking that this can be used in future. In doing so what they don't realise is, that this is not a good practice at all and it influences their day to day life negatively.
- Every object we use or interact at home or work or other places has some energy and it connects with our environment and universe. Therefore, every object or item needs appropriate care, consideration and handling.
- So to Declutter, our life, 1st step is to recognise that we have a problem of Declutter. Secondly, we need to identify what items are causing what symptoms. Once we have established that then we can either donate, discard or organise them depending upon the need, purpose and joy from that item.
- As a thumb rule any item that hasn't been used for more than one year or four seasons or doesn't give any joy to you or your family or outlived its purpose, then it must be removed or donated because it is unlikely it will be used again. Besides, donating items will allow needy people to use them and in return, you and your family will get blessings from them.

*PLANETS - CLUTTERING SYMPTOMS,
DECLUTTER BY DONATION AND*

ORGANISING

- As discussed earlier it is vital to understand what planets signify what items, metals, idols, and animals in the house or at work.
- If these items or belongings (*signifying respective planet*) are not kept properly with care or are broken, then not only it adds to the clutter, but it impacts each planet significance resulting in lack of success, harmony and happiness in life.
- Decluttering impacts your planets and zodiacs in your birth chart, resulting in various impediments and griefs in day to day life.
- Once these items are established with symptoms, the next step is to identify what items need to be discarded or donated and what items need to be organised.



MOON OR CHANDRA

BACKGROUND

Moon or Chandra is the most important planet among all the nine planets considered in Vedic astrology. Position of the moon in our birth chart (Horoscope) signifies Birth sign (Janma Rasi). Placement of Moon in a constellation or nakshatra signifies Birth Constellation (Janma Nakshatra).

Info

Gender:
Female

Time in
Each Zodiac
or Sign:
2.25 days

Zodiac or
Sign:
Cancer
(Kark)

Nature:

- o Watery (Kapha, phlegmatic)
- o Malefic: Waning Moon (Krishna Paksha)
- o Benefic: Waxing Moon (Shukla Paksha)
- o Sattvic (goodness, balanced)

Taste or Flavor: Salty

Metal: Bell-Metal (an alloy of copper and tin)

Colour: Opaque White (can not see through it)

Animal: Rabbit, Fish, Cranes, Antelopes

Signifies: Mother, Females, Queen, Emotion, Feeling, Nurturing



Ruling Deity: Gouri (Goddess Parvati), Shakti (Goddess Durga)

Constellation or Nakshatra:

o Rohini

o Hasta

o Shravan

Day of Week: Monday

Direction: North West

Exalted (Uccha) Sign or Zodiac: 3° Taurus (Vrishabh)

Debilitated (Neecha) Sign or Zodiac: 3° Scorpio (Vrishchik)

Positional Strength (Digbala): 4th House

Number Represented: 2

REMEDIES

Recite Or Chant

Annapoorna Stotra daily (refer Appendix) or 1008 times

Moon's moola mantra (revealed sound or combination of sequences of sound)

Om shram sreem shraum sah chandraya namah

do it 10000 times in 40 days

Listen or Recite Narayan Kavach (refer Appendix)

If your Moon is placed in Pushya Constellation or Nakshatra in your birth chart then recite or listen to this in the evening (Sandhya Kaal)

Moon or Chandra Stotra

Dadhi Shankha tushaarabham ksheero darnava sambhavam

Namaami shashinam somam shambhor mukuta bhushanam

do it daily or 1008 times

Pooja Or Prayer

Devi Pooja or Prayer

Rudra Abhishek by milk on Monday

Worship Lord Krishna and recite his past times' story

Plant

Plant this tree or Water it or look after it

Palash, Flame of Forrest

Keep Milk trees, Ceylon Iron Wood trees root wrapped in a white cloth with you

Donate Or Charity

Donate

Cow Milk, Rice, Conch Shell (Shankha)

Comfrey root, marshmallow, chickweed, sandalwood, seashells, psyllium, flaxseed

Recommended Time: Begin from 1st Monday of Waxing Moon (Shukla Paksha) during Moons Hora

Moons Hora: one hour during the day after sunrise. Refer to any online panchang (lunar/moon-based calendar) for a respective hour during the day and place

Fasting

Keep fast (no food intake) on Monday

Keep fast (no food intake) on Ekadashi, 11th Lunar day of Waxing Moon (Shukla Paksha)

Keep fast on Purnima (Full Moon Day)

Fast meaning: Sacrifice of food. Food intake is not advised during this fast including milk products. Fruits can be taken during the day

Open your fast or take the meal in evening or night after moonrise only

Wear

Rudraksha

Wear 2 Mukhi (2 faced) Rudraksha

This is grown on Rudraksha (Elaeocarpus ganitrus) Tree

Gemstone

Pearl, Moonstone

Primarily wear these in silver ring or chain in the neck

For specifics on what weight, metal, which finger or other information, please

consult an astrologer or a qualified priest

Ornaments

Wear Silver or Pearl ornaments or jewellery

Yoga

Practice Shavasana, Anulom Vilom, Bhastrika Pranayama

Precautions

Take the following precautions if your Moon is afflicted or weak in your birth chart (horoscope) in the following houses:

Moon in 1st H

- o Take blessings or do some service to appease an elderly female or women
- o Nurture Banyan tree by feeding/pouring water in its roots. Its called Bad Tree in Hindi

Banyan (Banian) is a fig. This is not a banana plant

- o Do not cover a water tank or well
- o Use silver pot or utensil for drinking milk

Moon in 2nd H

- o Donate green clothes to little girls for 43 days continuously
- o Start on 1st Monday of Waxing Moon (Shukla Paksha)

Moon in 3rd H

- o Donate wheat and jaggery

Moon in 4th H

- o Buy and keep rice, milk, yoghurt, pearl, white clothes in your house
- o Do not do any business related to milk or dairy products. Donate or offer Milk in a Temple or Church

Moon in 5th H

- o Buy green coloured items like emerald, green coloured clothes, green vase and keep it in house
- o Do not donate items related to Moon, like milk, silver, white coloured items

- o Don't give free lectures or consultation or education to anyone

- o Don't abuse or curse anyone

Moon in 6th H

- o Avoid milk products at night

- o Don't disclose your plans to anyone and be secretive

- o Don't distribute free water and do not drink or eat milk or dairy products at night

Moon 7th H

- o Don't use foul language or create trouble for your mother or an elder women

Moon in 8th H

- o Take blessings from elders

- o do not Gamble or do any illegal activity

Moon in 9th H

- o Donate red clothes, red lentils (masoor daal), honey

- o Do not build or install a round-shaped water tank on your terrace, only square shape if it is necessary

Moon in 10th H

- o Keep rice, silver utensils, white coloured items at home

- o Avoid close relations with in-laws

- o No free distribution of medicines

- o No milk or dairy product at night

Moon in 11th H

- o Keep emerald, green lentils, green coloured items and clothes at home

Moon in 12th H

- o Take blessings from elders and drink milk in a silver utensil like a cup or a glass

- o No freed advice or consultation to anyone

- o Do no dig a well in your house or a property

- o Do not offer milk to Sadhus or Saints at night

Precaution For Donation

Moon: If one's Moon is placed in Taurus or Cancer, then one should not regularly donate milk, silver, rice, pearl and juicy fruits

THEME BASED REMEDIES

Good Relation with Mother

To have good relations with mother take a silver coin from her and keep it with you

Generic Remedies

Watering of creeping and flowering plants on Monday

Feed white horse

Bath in the Ganges or put some water from the Ganges or holy water while taking a bath

Drink purified water in a silver glass or utensil

Respect your Mother and all elderly women

Donation of white coloured items like milk, clothes, vase, food items to an aged home

Keep Camphor in corners of your house and rooms. Inhale camphor vapours everyday

Keep silver with you in night

Reduce your salt intake

Don't be awake at late night

Don't spill water in the bathroom or on its floor, clean or wipe its floor after taking a bath

Bath in Salty water or Sea

DECLUTTERING SYMPTOM

If the bathroom floor is not kept dry, white (opaque) coloured items, or white gems or pearls, silver jewellery, conch shell, milk products, rice and toys are not kept properly with care or are broken then it impacts following:

lack of empathy and love from mother

lack of support from the bank (business & home debt) or government authorities
emotionally person is weak and is prone to depression
lack of peace at home, too many thoughts in mind at a time
a person sleeps late in night or night sleep is disturbed
prone to cold and cough
lack of food or grains at home when required
the north-west direction is cluttered or not utilised properly at home

DECLUTTER

To declutter the following steps are required

- o 1st Discard and Donate
- o 2nd Organise

Discard And Donate

Once symptoms, items and zones are identified, the next step is to make a call on what items to discard or donate so that they can be reused by someone else

In the case of Moon following items can be discarded or donated

broken white (opaque) coloured items

broken toys

discard milk products if in abundance

extra rice, conch shell

broken picture of goddess Parvati, mother or an elderly woman

donate broken or old silver or pearl jewellery

discard expired medicine of cold and cough

Organise

Once we donate or remove items which are not needed then we need to tidy our place to ensure every object is properly placed at its designated place

In the case of Moon following can be done

clean and arrange your silver utensils and jewellery, keep your jewellery

separate from other using separators in a jewellery box, avoid black or brown

colour jewellery box

keep rice in a clean container with some cloves in it

fix any water tap or shower with leakage in your house esp. in the bathroom

pay gratitude to each item in house, esp. picture of your mother and elderly women

keep milk products in an organised manner and ensure refrigerator is clean

organise your kids' toys and games and ensure they are kept in a tidy manner

clean and tidy your north-west corner of house or work

lighten up the north-west zone with off white colour if required

arrange items in a vertical storage style and ensure each item has a place in the house

organise your bank statements and loan documents in the north west corner of your house

organise and keep your respective governments emblem in the north-west corner of your house to get better support from authorities and government department, for example, Ashoka Pillar is the government emblem for India and for other countries it will be different, so check your emblems

Precaution

To ensure cluttering doesn't begin, please do the following things

put each item back to its position after its use

assign a place for each item where it is being kept, else it will be kept at various places which will be hard to find

use organisers like drawers, boxes or built-in shelves

don't keep things in a horizontal stack, but use vertical storage style like books in the bookshelf

don't get carried away by the emotional value attached to an item, attention needs to be paid 1st on functional value and then the emotional value

don't disrespect your mother or any elderly women

don't spill milk on a gas stove or in microwave

Conclusion

By applying three-step process of Decluttering (Discard and Donate, Organise

and Precaution), it will activate your planets and will resonate with appropriate energy, resulting in relief from symptoms discussed for each planet

Once executed and followed religiously, slowly and steadily life is bestowed with success, harmony and happiness in life once these steps are followed religiously

Finally paying gratitude to everything in life goes a long way in ensuring a person becomes happier and abundant

When To Declutter

Out of 7 days in a week, Saturday is the day to declutter your house or other places

Decluttering activity must start on a Saturday and finish on a Saturday because Saturn means promise and whatever activity is started on a Saturday it is completed with the desired outcome



NAKSHATRA OR CONSTELLATION BASED REMEDIES

There are 28 nakshatras or constellations known to us, but we only refer to 27 nakshatras in natal astrology.

For this book, we have compiled remedies for Moonthree nakshatras that is, Rohini, Hasta and Shravana.

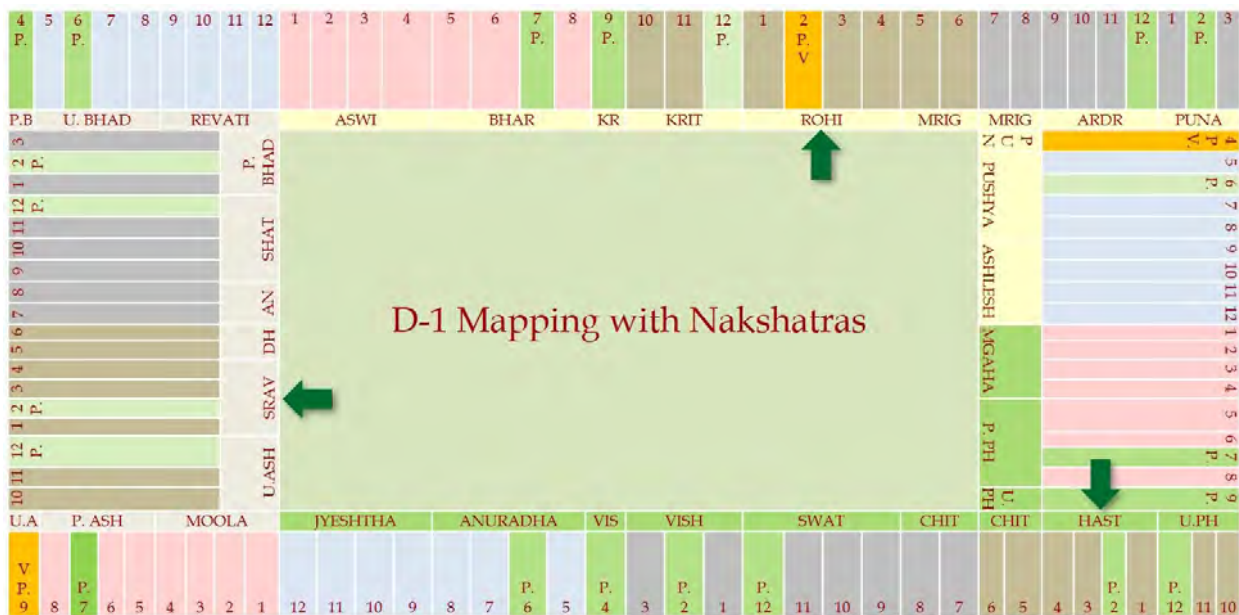
Note:

Abhijit is 28th nakshatra, whose planetary lord is Sun, the ruling deity is Brahma and its zodiac or sign is Capricorn (6°40' -10°53' 20").

D-1 MAPPING WITH NAKSHATRAS

Following diagram shows how all nakshatras are mapped to 12 zodiacs using South Indian style birth chart.

Sections marked with P (green coloured) and V (orange coloured) are Punarvasu Nakshatra and Vargottama. *From CS Patel's Book on Navamsa*



ROHINI

INFO

Presence in Zodiac or Sign: Taurus

Ruling Planet: Moon

Symbol: Chariot, Temple, Ox-cart

Purpose: Moksha

Nature:

- o Agriculture, Supports Growth

- o Watery (Kapha)

- o Guna: Rajasic (passion)

- o Gana: Human

Caste: Worker (Shudra)

Gender: Female

Animal: Male Serpent

Bird: White Owl

Ruling Deity: Brahma, Prajapati

Key Words: Drive and Passion, Growth and fertility, Abundance, Wealth, Creative, Jealousy, Attractive, Vehicles and movement, Family driven, Goal-oriented

Operating Nature: Fixed, Dhruva (North Pole)

Key Activities: construction of home and factory, planting trees, purchasing property, laying the foundations for buildings, construction of home and factory

REMEDIES

Recite Or Chant

Recite following Beej Mantra (revealed sound or combination of sequences of sound) on Rohini Nakshatra day

Om Rm, Om lm 108 times

Om Nama Shivaya Shubham Kuru Kuru Vachaspatheye Nama Om

Rohini Nakshatra day means when the moon transits this nakshatra in the lunar month

Pooja Or Prayer

Worship Lord Krishna, Worship Moon

Donate

Donate chariot if possible

Donate Jamun, milk, rice or white coloured items in the temple

Plant

Plant Jamun or Java Plum tree or Water it or look after it

Other

Look after nature, plants and land nearby and always have gratitude towards it

Give items like perfumes, cosmetics (nail paint), etc. to young girls

On Rohini nakshatra day spend time with your partner or spouse

Feed people who work in cleaning toilets or drains or Feed an Owl or Snake (male)

What Vehicle To Buy

To buy a car which will activate 4th house following sounds be used to find the name of the company of car (instead of the model name). Nakshatra must be your janma nakshatra, meaning your moon is placed in this nakshatra. These sounds are :

o Pada 1 - O

o Pada 2 - Va

o Pada 3 - Vi

o Pada 4 - Vo

HASTA

INFO

Presence in Zodiac or Sign: Virgo

Ruling Planet: Moon

Symbol: Palm of your hand, Fist, Potter's Wheel

Purpose: Moksha

Nature:

Handy, Harness, Harvest, Householders

Airy (Vata)

Guna: Rajasic (passion)

Gana: Dev

- Caste: Vaishya (Merchant)
- Gender: Male
- Animal: Female Buffalo
- Bird: Vulture
- Ruling Deity: Savitar, Sun

Key Words: Stimulation to do work, Work with hands for gains, Awareness, Transforming Ability, Exceptional children, Driven for Perfection, Knowledgeable, Stressed, Charming or Manipulative

Operating Nature: The Light and Swift

Key Activities: initiating trade and commercial transactions, admission in school or college, learning, taking medicine, taking or giving loans, journey and travel

REMEDIES

Recite Or Chant

Recite following Beej Mantra (revealed sound or combination of sequences of sound) on Hasta Nakshatra day

Om Jham, Om Nyam 108 times

Om Nama Shivaya Shubham Kuru Kuru Sambhasivaya Nama Om

Hasta Nakshatra day means when the moon transits this nakshatra in the lunar month

Pooja Or Prayer

Worship Sun at Sunrise, Worship Lord Vishnu

Donate

Donate milk and pistachio or green lentils in the temple

Plant

Plant Hog Plum, Jaai, Soapnut, Reitha (*Sapindus mukorossi*) tree or Water it or look after it

Other

Feed green coloured items like green grass, spinach, green lentils to cow

Don't cheat anyone

Wash your face with milk in the morning

What Vehicle To Buy

To buy a car which will activate 4th house following sounds be used to find the name of the company of car (instead of the model name). Nakshatra must be your janma nakshatra, meaning your moon is placed in this nakshatra. These sounds are :

o Pada 1 - Pu

o Pada 2 - Sha

o Pada 3 - Na

o Pada 4 - Tha

SHRAVANA

INFO

Presence in Zodiac or Sign: Capricorn

Ruling Planet: Moon

Symbol: Ear, 3 Footprints

Purpose: Artha (Materialism)

Nature:

- o Calculative, Persevere, Shrewd

- o Watery (Kapha)

- o Guna: Rajasic (Passion)

- o Gana: Dev

Caste: Outcaste (Mleccha)

Gender: Male

Animal: Female Monkey

Bird: Sarus Crane

Ruling Deity: Lord Vishnu, Goddess Saraswati

Key Words: Ability of listening (good listeners), Divine guidance, Good orators, Narrow mindedness, Persevere ,Obedience, Shrewd or Upward moving, Socially active, Generous, Relentless in achieving goal

Operating Nature: Movable or Chara

Key Activities: starting new journey, buying new vehicles or machines, buying pet or animals for farm, gardening

REMEDIES

Recite Or Chant

Recite following Beej Mantra (revealed sound or combination of sequences of sound) on Shravana Nakshatra day

Om Mam 108 times

Om Nama Shivaya Shubham Kuru Kuru Kapaline Nama Om

Shravana Nakshatra day means when the moon transits this nakshatra in the lunar month

Pooja Or Prayer

Worship Lord Vishnu or Goddess Saraswati

Donate

Donate white coloured items like rice or milk to people who consume meat

Plant

Plant Swallow wort Milkweed tree or water it or look after it

Other

Keep a picture of 3 footprints and look at it every day

Light a black sesame seed oil lamp at Peepal tree during daytime only!

What Vehicle To Buy

To buy a car which will activate 4th house following sounds be used to find the name of the company of car (instead of the model name). Nakshatra must be your janma nakshatra, meaning your moon is placed in this nakshatra. These sounds are :

o Pada 1 - Ju

o Pada 2 - Je (as in hay)

o Pada 3 - Jo

o Pada 4 - Gha

NOTE ON TIMING

Note: Every remedy for each planet and constellation or nakshatra could be performed on the respective day (*described earlier in each section*). However, there are two constellations or nakshatras which are regarded as doctors of gods (Dev Vidhya). These two are Ashwini and Shatabhisha and are known as Parihara nakshatras. Therefore, any remedy performed when the moon transits these nakshatras in a lunar month gives good results.

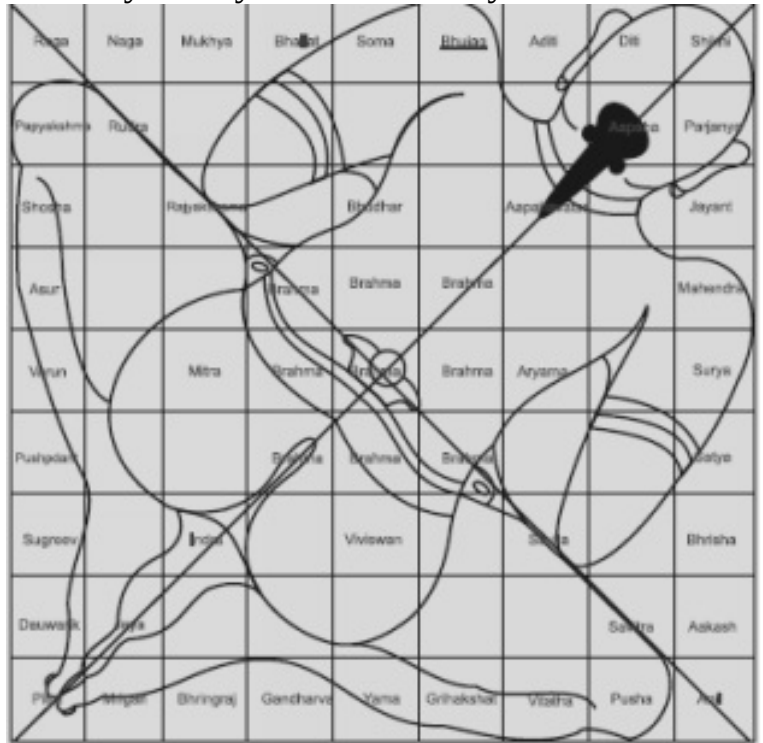


VASTU SHASTRA BASED REMEDIES

BACKGROUND

Vastu Shastra is a traditional system of architecture for designing and building structures in harmony with nature and our universe. This science is prescribed in our Vedas (ancient scriptures of India, say Hinduism). It is an integral part of Vedic astrology and must not be treated as a separate science.

Ancient Vastu Shastra principles layout how temples, houses, cities, gardens, roads and other structures need to be built. Today this science is popular under the name of Vastu, Mahavastu and closely related Feng Shui. Vastu provides solutions for most problems in our day-to-day life without any demolitions or



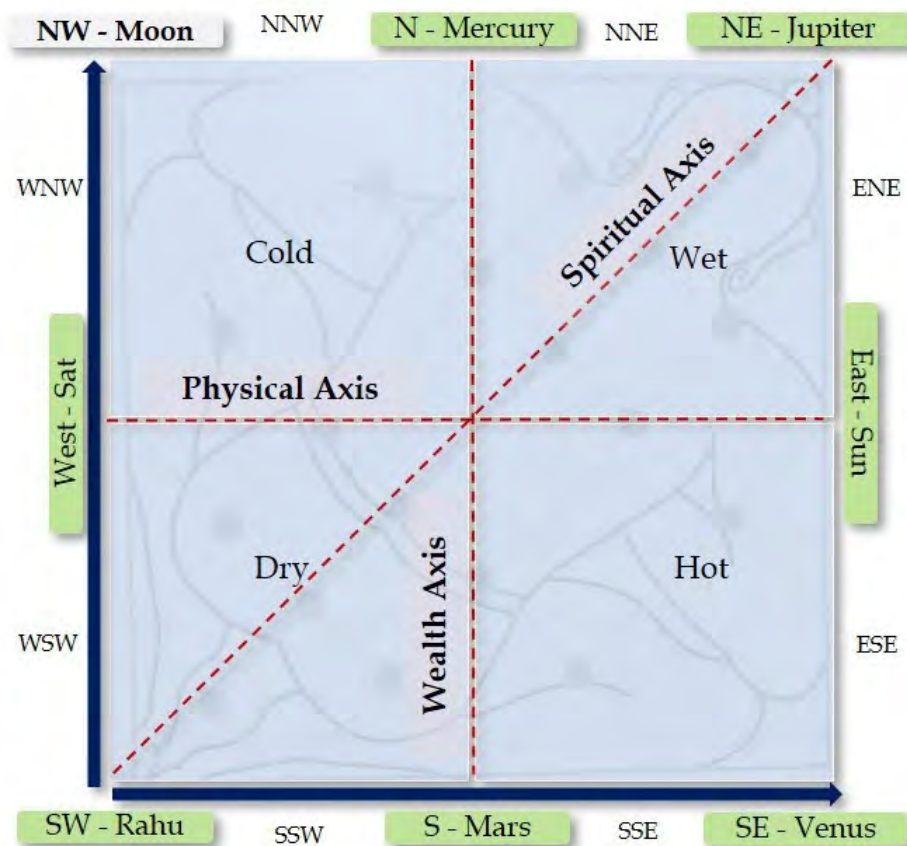
major constructional changes.

INFO

- Lord: Vastu Purusha (Person)

- Responsible: for happiness and strength of the structure
- Facing: Facing Downward
- Number of Dev: 45 Devas are controlling respective zones
- Elements: Five
- Directions to Consider: 16
- Each Direction Zone or Area: 22.5° only, from the centre of any structure in scope

ATTRIBUTES OF DIRECTION: NORTHWEST



- Signifies: Bank Support, Debt, Labour
- Devta: Marut
- Characteristics: Addiction, Excited, Expenses

- Planet: Moon
- Colour: White, Silver
- Element: Space
- Shape: Circle
- Body Part: Wrist

REMEDIES

- Imbalance if the zone is contracted or less
lack of govt. and banking support, lack of decision making
treat this zone with Off White colour
- Imbalance if the zone is extended or extra
need support for everything
treat this zone with Blue colour

- From Ocean Churning

Vastu has a close link with items which came out from Ocean churning when Devta and Demons were fighting

For the NorthWest direction picture of Moon is placed in that direction

- Other Items or Symbols to Use
Nandi Bull, Photo of Kuldevta or Kuldevi,
Toys, Desi Ghee, Pearls, Moon Yantra



Please refer 45 devtas zone with 9 maha
marmas zones marked as red dots

● Preferred

display areas of product and services, staircase, guest bedroom, emblem of your country to get support from local government

Precautions

No Fire or air Element or no Red, Pink, Green and Brown colour

No Storage, Garage, Bin and Toilet here

Vayu (Papya)	Naga	Mukhya	Bhallat	Soma	Mriga	Aditi	Diti	Isha
Roga	Rudra	Rajaykah ma	Bhudhar			Apavatsa	Apa	Parjanya
Sosa								Jayant
Asur	Mitra			Brahma		Aryama		Mahend
Varuna								Surya
Pushpdn at								Satya
Sugreev	Indraj Jaya	Indra	Vivasvan			Savitra	Savita	Bhrisha
Dauvrik								Akasha
Pitri	Mrisha	Bhuring	Gandhar va	Yama	Grishaks hat	Vitatha	Pusha	Agni (Anil)

How To Recognise Moons House

entrance in NorthWest
 will have lot of toys and fountains
 sweet voice of the occupants
 more females in the house
 white, pink and offwhite color on the walls
 house will be cold during day and night

Generic Remedies

- Keep water filled in Terracotta or an earthen pot in the North East corner of your house and refill it every week
- Take blessings of Vastu Purusha Everyday
- Keep Yellow scented flowers in your house
- Wipe your main door every day or once a week to gain positive energy and decrease the effect of Rahu
- Place an idol of Lord Ganesha outside of your house and place the same replica inside of your house. Keep in a way that they are back to back
- No heavy, pointed, sharp items like Knife, Nails as head of Vastu Purusha lies here
- No slope in South direction

- If your Ascendant and Ascendant Lord is strong than good ventilation and entry of the house is present
- Do not keep Broken Glass, Idol of God and Goddess in your home
- Do not Plant or Keep Cactus in your home. The thorny plant represents Mars and depending upon the placement of Mars in your chart a remedial step is required
- Windchime made of 7 metallic rods can be placed towards the western direction of the house as a remedy to address ill effects of Saturn
- Never keep broken or non-working electrical or electronic items as it increases the influence of Rahu
- Sound of the doorbell has to be pleasing else it creates short temperament among house members
- Running water or leakage of water or broken tiles or marbles needs to be replaced immediately
- Never sit in a position while putting your back at the main door of the house. This creates deceits, backstabbing and unwanted visitors
- Install a nameplate of your house on the main entrance to enable opportunities to find you easily. Lighting the nameplate increases the effect manifold
- A Garden needs to be in the Northeast or East zone and it needs to be kept clean
- A storeroom needs to be in the South-West zone
- Tie eight peacock feathers for with a white coloured thread. Recite the following mantra 108 times Om Somay Namah. Keep these in your home
- Add sea salt to the water while cleaning and mopping your house or a premise in use.
- Do not keep broken utensils or dishes, mirror, broken bed in the house
- Discard or fix any broken watch or clock in your house
- Keep your face towards the East (long life) or North (money) while having your meal. South and West needs to be avoided
- Always clean your dishes and utensils after a meal and tidy your kitchen (Mars) meal zone
- Offer water to your visitors every time they come home, reduce Rahu (North node of Moon) influence

- Every time you come home, bring something home, this enhances wealth and chances of success



APPENDIX

MANTRAS FOR MOON

ANNAPOORNA STOTRA

Annapoorna Stotra is a devotional prayer addressed to Goddess Annapoorna (another form of Goddess Parvati).

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Nithyaananda kari, Varaa abhya karee,
Soundarya rathnaakaree,
Nirddhotahakila ghora pavaanakaree,
Prathyaksha Maheswaree,
Praaleeyachala vamsa pavavakaree,
Kasi puraadheeswaree,
Bhikshaam dehi, krupaa valambana karee,
Mathaa Annapurneswaree

Naana rathna vichitra bhooshana karee,
Hemaambaradambaree,
Mukthaa haara vilamba maana vilasa,
Dwakshoja kumbaan dharee,
Kasmeera garu vasithaa ruchi karee,
Kasi puraadheeswaree,
Bhikshaam dehi, krupaa valambana karee,
Mathaa Annapurneswaree

Yogaanandakaree ripu kshyakaree,

Dharman artha nishtaakaree,
Chandrarkaanala bhasa maana laharee,
Trilokya rakshaa karee,
Sarvaiswarya samastha vaanchithakaree,
Kasi puraadheeswaree,
Bhikshaam dehi, krupaa valambana karee,
Mathaa Annapurneswaree

Kailaasaachala kandharaa laya karee,
Gowree , umaa sankaree,
Kaumaree nigamartha gochara karee,
Omkara beejaksharee,
Moksha dwaara kavata patana karee,
Kasi puraadheeswaree,
Bhikshaam dehi, krupaa valambana karee,
Mathaa Annapurneswaree

Drusyaa drusya vibhootha vahana karee,
Brhmaanda bhando dharee,
Leelaa nataka suthra kelana karee,
Vijnana deeptham guree,
Sree viswesa mana prasaadhana karee,
Kasi puraadheeswaree,
Bhikshaam dehi, krupaa valambana karee,
Mathaa Annapurneswaree

Urvee sarva janeswaree bhagawathee,
Maatha krupaa sagaree,
Venue neela samaana kunthala dharee,
Ananda dhaneswaree,
Sarvanandakaree bhayaa shubhakaree,

Kasi puraadheeswaree,
Bhikshaam dehi, krupaa valambana karee,
Mathaa Annapurneswaree

Aadhi kshaantha samastha varna nikaree,
Shabho tribhaava karee,
Kasmeeraa tripureswaree trilaharee,
Nithyaamakuree sarvaree,
Kamaa kamksha karee janodhaya karee,
Kasi puraadheeswaree,
Bhikshaam dehi, krupaa valambana karee,
Mathaa Annapurneswaree

Devee sarva vichitra rathna rachithaa,
Dakshayanee sundaree,
Vama swadu payodhara priyakaree,
Sownhagya maaheswaree,
Bhakthaabhishtakaree, sadaa shubhakaree,
Kasi puraadheeswaree,
Bhikshaam dehi, krupaa valambana karee,
Mathaa Annapurneswaree

Chandrakaanala koti koti sadrusaa,
Chandramsu bhimban dharee,
Chandrakaagni samaana kunthala dharee
Chandrarka varneshwaree,
Maala pustaka pasasangusa dharee,
Kasi puraadheeswaree,
Bhikshaam dehi, krupaa valambana karee,
Mathaa Annapurneswaree

Kshatrathraanakaree, mahaa bhayakaree,
Mthaa krupaa sagaree,
Sakshaan mokshakaree sadaa shiva karee,
Visweshwaree sridharee,
Daksha krundha karee niraa mayakaree,
Kasi puraadheeswaree,
Bhikshaam dehi, krupaa valambana karee,
Mathaa Annapurneswaree

Annapurne sadaa purne,
Sankara praana vallabhe,
Jnana vairagya sidhyartham,
Bikshaa dehee cha parvathy

Mathaa cha Parvathy Devi,
Pithaas cha Maheswara
Bandhawa Shiva Bhakatamscha,
Swadesho Bhuvana Trayam

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